



NAPCON 2021 VARANASI

23rd Joint National Conference on Pulmonary Diseases organized by Indian Chest Society (ICS) and National College of Chest Physicians (NCCP) (India)

Commemorating Respiratory Care: Resilience, Strength, Skill, Innovation and Hope

NAPCON 2021 WORKSHOP

How to set up a Pulmonary Rehabilitation Unit?

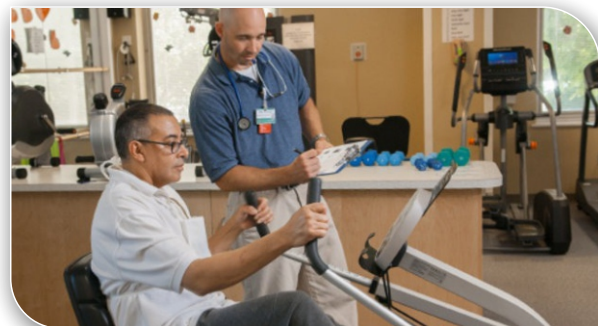
DATE: 31st March 2022 | TIME: 9:00 am to 5:00 pm

Workshop Venue: **Apex Hospital, Varanasi / LED ONLY**

National Workshop Committee- **Dr. Rajesh Swarnakar & Dr. Raja Dhar**

National Coordinators- **Dr. Prahlad Prabhudesai**

Co Coordinator- **Dr. Poorvi Devani** Local Coordinators- **Dr. Vinod Kumar**



TIME	PROGRAMME	FACULTY
8:30 - 9:00 am	Registration	
9:00 - 9:30 am	Introduction/Pre test	Mr. U. K. Singh
9:30 - 9:50 am	Overview of Pulmonary Rehabilitation and How to establish center	Dr. Pralhad Prabhudesai
9:50 - 10:10 am	Assessment in Pulmonary Rehabilitation- Pulmonologist view	Dr. Pralhad Prabhudesai
10:10 - 10:30 am	Assessment in Pulmonary Rehabilitation- Physiotherapist view	Dr. Priyanka Jain (PT)
10:30 - 11:00 am	Hands on Training - Assessment in Pulmonary Rehabilitation	Dr. Poorvi , Dr.Priyanka & Dr. Shravani
11:00 - 11:30 am	Prescribing Pulmonary Rehabilitation	Dr. Poorvi Devani
11:30 - 12:00 pm	Hands on Training - Exercise Prescription in Pulmonary Outcome	Dr. Poorvi , Dr.Priyanka & Dr. Shravani
12:00 - 12:30 pm	Nutritional Assessment and Plan for Patients in Pulmonary Rehabilitation	Ms. Anshu Rai
12:30 - 1:30 pm Lunch		
1:30 - 1:50 pm	Airway clearance techniques and assistive devices	Dr. Sumaiya Azeem
1:50 - 2:10 pm	Respiratory dysfunction and red flags in Pulmonary Rehabilitation	Dr. Vinod Kumar
2:10 - 2:20 pm	Outcome measurement of Pulmonary Rehabilitation	Dr. Shravani Kale
2:20 - 2:50 pm	Post COVID Pulmonary Rehabilitation and Tele Rehabilitation	Dr. Poorvi Devani (PT)
2:50 - 3:10 pm	Hurdles in Pulmonary Rehabilitation	Dr. Amrita Desai
3:10 - 5:00 pm Practical & Discussions		
	6 Min Walk Test Tele Rehabilitation Practical and hurdles Cases Discussions (poor Cases) Yoga and Pulmonary Rehabilitation with Demonstration Post Test and Certificate Distribution	Dr.Prabhudesai Dr.Poorvi Devani Dr.Priyanka Dr.Amrita Dr.Shravni Dr.Vaishali Prabhudesai

For more information about the workshop, please contact

Dr Vinod Kumar - 8802050125, 9451529192 & Conference Secretariat - 8115945399