



NAPCON 2021 VARANASI

23rd Joint National Conference on Pulmonary Diseases organized by Indian Chest Society (ICS) and National College of Chest Physicians (NCCP) (India)

Commemorating Respiratory Care: Resilience, Strength, Skill, Innovation and Hope

NAPCON 2021 WORKSHOP

How to set up a Severe Asthma Clinic

DATE: 31st March 2022 | TIME: 9:00 am to 5:00 pm

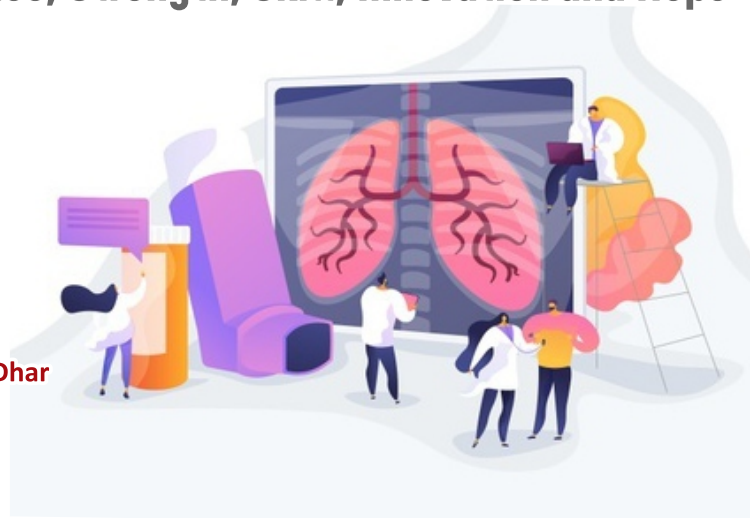
Workshop Venue: Hotel Clarks, Varanasi (Siddhartha Hall)

National Workshop Committee- **Dr. Rajesh Swarnakar & Dr. Raja Dhar**

National Coordinators- **Dr. Deepak Talwar & Dr. Vikas Marwah**

Co-Coordinators- **Dr. Nagarjuna Maturu**

Local Coordinators- **Dr. Hariharan Iyer & Dr. Gaurav Sahu**



SKILL OBJECTIVES: After completing this workshop, you will be able to:

1. Understand why and how to set up and run severe asthma clinic
2. Understand the clinical work up of cases with uncontrolled / difficult to treat asthma
3. Understand efficacy of biomarkers in severe asthma and integrate into your practice
4. Able to take decisions to pick up appropriate targeted therapies in severe asthma

TIME	PROGRAMME	FACULTY
8:30 - 9:00 am	Registration	
9:00 - 9:15 am	Welcome address with Scope of Severe Asthma practice and establishing SA clinic for Pulmonologist	Dr. Deepak Talwar
9:15 - 9:35 am	GINA 2021 guidance on Difficult to treat Asthma	Dr. Randeep Guleria
9:35 - 9:45 am Q & A with Tea		
9:45 - 10:15 am	Work Up of Difficult / Severe asthma cases by delegates in 6 groups (1 case each) with 1 facilitator for each group: Coordinators (1 each for 2 groups): Dr. Sourabh Pahuja, Dr. Hariharan Iyer, Dr. Rajesh Venkat	Facilitators: Dr. Mohit Kaushal, Dr. Sushant, Dr. K Shirish, Dr. Tarushi Sharma, Dr. Jitesh Chudiwal, Dr. Ankit
10:15 - 10:30 am	Improving adherence and technique: tribulations & resolutions. Demonstration of digital device monitors & biofeedback	Dr. Sarvinder Singh
10:30 - 10:50 am	ENT evaluation in Severe Asthmatics: When and how much? Demonstration of Basic ENT examination for pulmonologists	Dr. Sanjay Sachdeva
10:50 - 11:05 am	Identifying and Addressing Anxiety in Severe asthma for Pulmonologists	Dr. Avani Tiwari
11:05 - 11:15 am Q & A Session with Coffee/Tea		

For more information about the workshop, please contact
Dr. Gaurav Sahu - 9727711210 & Dr. Hariharan Iyer - 99706 89820



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TIME	PROGRAMME	FACULTY
11:15 am - 12:10 pm	3 case discussions on difficult to treat asthma to be presented by group leader of each group	Moderator Dr. Vikas Marwah Faculty: Dr. Randeep Guleria, Dr. Sarvinder Singh, Dr. Sanjay Sachdeva, Dr. Avani Tiwari
12:10 - 12:25 pm	Pheno-endotyping in severe asthma: Essentials to choose targeted therapies	Dr. Deepak Talwar
12:25 - 12:40 pm	Selection of biologics in Severe Asthma: Who gets What ?	Dr. Vikas Marwah
12:40 - 12:55 pm	When Bronchial Thermoplasty only is an option in SA ?	Dr. Nagarjuna Maturu
12:55 - 1:10 pm	Indian centres experience with biologics & BT: Omalizumab / Mepolizumab / Benralizumab / BT (5 minutes each)	Dr. Rajesh Venkat Dr. Sourabh Pahuja
1:10 - 1:30 pm Q & A followed by working Lunch		
1:30 - 1:40 pm	Spectrum of Uncontrolled asthma in children (3 Interactive Cases)	Dr. Shalini Tyagi
1:40 - 2:25 pm	Discussion of 3 cases of severe asthma about pheno-endotyping and choosing best targeted therapy in each case	Moderator: Dr. Nagarjuna Maturu Faculty: Dr. Randeep Guleria, Dr. Vikas Marwah, Dr. Deepak Talwar, Dr. Rajesh Venkat Dr. Sarvinder Singh
2:25 - 2:30 pm Q & A		
2:30 - 4:30 pm Workstations (half an hour for each work station by rotation)		
Station 1	SPT / Allergen as biomarker & Immunotherapy Skin Prick test Demonstration	Dr. Rajesh Venkat, Dr. Shalini Tyagi Dr. Sandhya Nair, Dr. Jitesh Chudiwal Dr. Rakhee Khanduri
Station 2	Preparation of patient with pre and post work up for BT Demonstration of Bronchial Thermoplasty	Dr. Sourabh Pahuja, Dr. Lovleen Mangla Dr. Vidya Nair, Dr. Mohit Kaushal
Station 3	Exhaled FeNO as Biomarker Demonstration of Equipment and methodology	Dr. Vikas Marwah, Dr. Nilesh Chinchkar, Dr. Ankit K Sinha
Station 4	Eosinophil as Biomarker Sputum Eosinophils Simplified : Demonstration	Dr. Nagarjuna Maturu, Dr. Geetanjali Bade, Dr. Anjana Talwar, Dr. Sarvinder Singh, Dr. K Shirish
4:30-4.45 pm	Quiz	Dr. Hariharan Iyer
4:45-5.00 pm	Quiz Results with prize distribution Post-workshop feedback Summary of WS and Vote of thanks	All Faculty Dr. Sourabh Pahuja Dr. Vikas Marwah

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