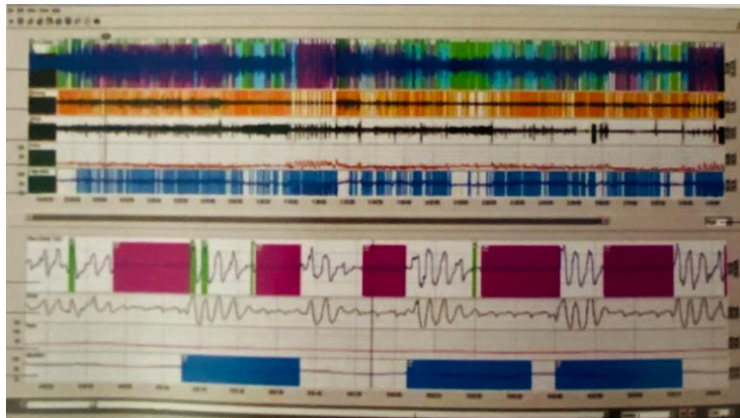




NAPCON 2021 VARANASI

23rd Joint National Conference on Pulmonary Diseases organized by Indian Chest Society (ICS) and National College of Chest Physicians (NCCP) (India)

Commemorating Respiratory Care: Resilience, Strength, Skill, Innovation and Hope



NAPCON 2021 WORKSHOP Rules and Tools for running a successful Sleep Clinic?

DATE: **31st March 2022** | TIME: **9:00 am to 5:00 pm**

Workshop Venue - **Hotel Clarks, Varanasi (Shakuntala Hall)**

National Workshop Committee- **Dr. Rajesh Swarnakar & Dr. Raja Dhar**

National Coordinators- **Dr. Pratibha Dogra & Dr. Milind Sovani** Local Coordinators- **Dr. Akhilesh Tiwari**

TIME	PROGRAMME	FACULTY
9:00 - 9:20 am	Functions of Sleep / Why sleep matters?	Dr. Neerja Shastri
9:20- 9:40 am	Pathogenesis of OSA	Dr. P Arjun
9:40 - 10:10 am	Sleep Studies : Polygraphy v PSG	Dr. Milind Sovani
10:10 - 10:30 am	Beyond AHI: Revisiting metrics of Sleep Disordered Breathing	Dr. Pratibha Dogra
10:30 - 11:00 am Coffee Break		
11:00 - 11:20 am	PAP therapy-How to initiate patient on pap therapy	Dr. Alkesh Khurana
11:20 - 11:40 am	PAP outcome: Compliance and managing side effects	Dr. Kripesh
11:40 - 12:00 pm	Oral appliance update: indications, efficacy and treatment protocols	Dr. V Rangarajan
12:00 - 1:00 pm	Case based discussions	Dr. Milind Sovani
1:00 - 1:40 pm Lunch Break		
1:40 - 2:00 pm	OSA and comorbidities	Dr. Alkesh Khurana

For more information about the workshop, please contact

Dr. Akhilesh Tiwari - 9839344624 & Conference Secretariat - 8115945399



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TIME

2:00 - 2:20 pm

PROGRAMME

Changing Landscapes in Sleep Medicine
– Remote monitoring/Telemedicine

FACULTY

Dr. Pratibha Dogra

2:20 - 3:00 pm

Setting up Sleep Practice: Do's and Don'ts

Dr B.P Singh-
The Doyen's perspective
Dr Khushboo-
The Beginners perspective

3:00 - 4:30 pm | Hands on sessions- 20 min each

1. How to set up Polysomnography
2. Polysomnography traces for practice
3. PAP machines and masks
4. Telemonitoring

4:30 - 5:00 pm Q & A Panel Discussion and Conclusion

For more information about the workshop, please contact

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